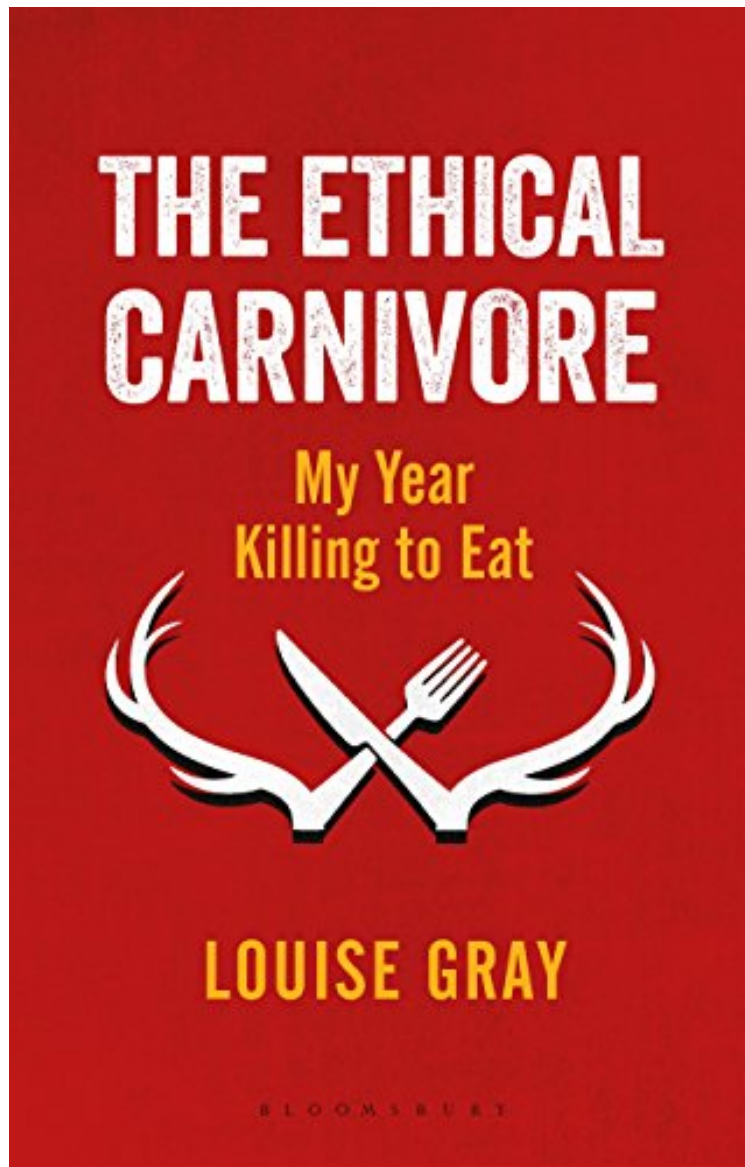


[PDF] The Ethical Carnivore: My Year Killing to Eat

The Ethical Carnivore: My Year Killing to Eat

Louise Gray

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Louise Gray : The Ethical Carnivore: My Year Killing to Eat before purchasing it in order to gage whether or not it would be worth my time, and all praised The Ethical Carnivore: My Year Killing to Eat:

0 of 0 people found the following review helpful. I believe that animals are there for us to enjoy, but also that the act of killing to ...By Read Yourself to SleepI've always eaten meat, and probably always will--a farmer's daughter, through and through. However, I do feel that many of my fellow omnivores take the presence of meat on the dinner table for granted. We oftentimes don't think past the neat cellophane-wrapped packages we purchase at the

supermarket, the ugly, sacrificial price of eating meat. Louise Gray tried to go vegetarian/vegan several times and usually stalled out, but this was still an issue she cared about gravely, so she decided to devise an experiment of sorts: for one year, she would only eat meat from animals she herself had killed. I found this book fascinating. The author and I have very different worldviews, so there were many times when I disagreed with her, but my respect for her never wavered. I admire her for sticking to her principles in ways that were inconvenient and upsetting. As a Christian, I believe that animals are there for us to enjoy, but also that the act of killing to eat is a direct result of the Fall and that doing so does not relieve us of our original job to take care of the animals placed in our care. Ethical treatment of animals being raised for meat, as well as the humane slaughter thereof, is imperative, and I hope that this book and others like it push the various industries at play into taking better care of the creatures in their charge. I definitely recommend this book. I received a complimentary copy from the publisher via NetGalley in exchange for an honest review. 1 of 1 people found the following review helpful. Great gift and subsequent New Year's Resolution! By A. Stevenson I received this book as a Christmas gift from my wife, having murmured about ethically sourced meat for several years. It was such a compelling book that I read it in a few days and ended up setting a New Year's resolution: become an Ethical Carnivore, albeit in the USA. Our relationship with meat has changed immensely as industrialization and globalization have affected how we source it (clean plastic-wrapped packets from supermarkets), how much of it we eat (more than we need) and how connected we are with the animals that provide it (not at all). In her quest to become an Ethical Carnivore, Louise explores the idea of only eating what she has killed, butchered and cooked. She writes about many types of meat (fowl, fish and livestock) through a mixture of first-hand storytelling (witness and approval of the living conditions, death conditions and butchering of the animals) supported with thoroughly researched facts leaning on her profession as an environmental journalist. This lends credibility to her tale and poses the reader many questions about the impact our consumption has not just on the animals but on our wider planet. For anyone curious about where their food (specifically meat fish) comes from, and would like to learn from a well researched, first-hand account, this is a terrific read. 0 of 0 people found the following review helpful. Excellent book! Buy it! By Customer This is an excellent, well-written, well-researched, thought provoking, interesting, informative book. For anyone who is concerned about animal welfare, who cares about the environment and who loves good food, this book is a must. It addresses the ethical, moral, political and practical issues of farming and killing animals for food, in the context of avoiding environmental destruction and animal cruelty while 'feeding the 9 billion' (global population). Provenance matters and this book will help reassure 'ordinary' people that there are simple steps they can take to continue enjoying meat ethically.

Winner of two 2017 Guild of Food Writers Awards: best Food Book Award and the Campaigning and Investigative Food Work Award Shortlisted for the 2017 Fortnum Mason Food Book of the Year A BBC Radio 4 Food Programme Book of the Year 2016 A Guardian Book of the Year 2016 We should all know exactly where our meat comes from. But what if you took this modern-day maxim to its logical conclusion and only ate animals you killed yourself? Louise Gray decides to be an ethical carnivore and learn to stalk, shoot and fish. Starting small, Louise shucks oysters and catches a trout. As she begins to reconnect with nature, she befriends countrymen and women who can teach her to shoot pigeons, rabbits and red deer. Louise begins to look into how meat is processed, including the beef in our burgers, cheap chicken, supermarket bacon and farmed fish. She investigates halal slaughter and visits abattoirs to ask whether new technology can make eating meat more humane. Delving into alternative food cultures, Louise finds herself sourcing roadkill and cooking a squirrel stir-fry, and she explores eating other sources of protein like in vitro meat, insects and plant-based options. With the global demand for meat growing, Louise argues that eating less meat should be an essential part of fighting climate change for all of us. Her writing on nature, food and the environment is full of humour, while never shying from the hard facts. Louise gets to the heart of modern anxieties about where our meat comes from, asking an important question for our time: is it possible to be an ethical carnivore?

A charming and eye-opening book the Guardian The author more than earns her stripes... It's impossible not to admire her. The Evening Standard This humane, adventurous and wonderfully illuminating exploration will entertain and challenge everyone, from carnivore to vegan. -- Patrick Barkham Vivid, visceral and honest. Gray observes without ever being detached, and that's a rare talent. -- Ella Risbridger Compellingly readable, wise and kind. There's plenty of serious reflection too, all the more arresting for Gray's lightness of touch. -- Charles Foster A thorough, engaging, sometimes shocking account of where our meat comes from. It is also, importantly, a book about caring. -- Malachy Tallack Caught by the River Sensitive and powerful. Prospect Well paced, well researched and politically even-handed. Country Life Louise Gray is a micromaster. The Scotsman The book has charm and style... The accounts of hunting trips with her father contain some vivid and quite moving nature writing. the Guardian She writes well and this is a book that all should read - but it isn't simply a duty, it's a gritty pleasure. -- Mark Avery Fascinating... Told in beautiful, descriptive prose that shows her love and knowledge of nature. Western Mail This is a must read for anyone who wants to know more about where the meat and fish they eat comes from ... and the environmental and social impact. The Press and Journal A sensible read for meat-eaters who have ever wondered what it's like to stand in the

business end of an abattoir. i This brave project by Louise Gray is told in beautiful, descriptive prose that shows her love and knowledge of nature. Sunday Post A fascinating insight... The book is neither preachy nor lacking in laughs. Gray writes with humour and humanity. Sunday Herald

About the Author Louise Gray is a freelance writer based in Scotland. She trained with The Press Association and was a staff writer for The Scotsman. From 2008 to 2013 she was Environment Correspondent for The Daily Telegraph. Louise specialises in writing about food, farming and climate change. In recent years she has written for The Sunday Times, Scottish Field, the Guardian and The Spectator, among others. She has also appeared on BBC television and radio. Louise is passionate about environmental issues, increasingly focusing on how individuals can make a difference through the choices they make, such as the food we eat. The Ethical Carnivore is her first book. @loubgray / louisebgray.com