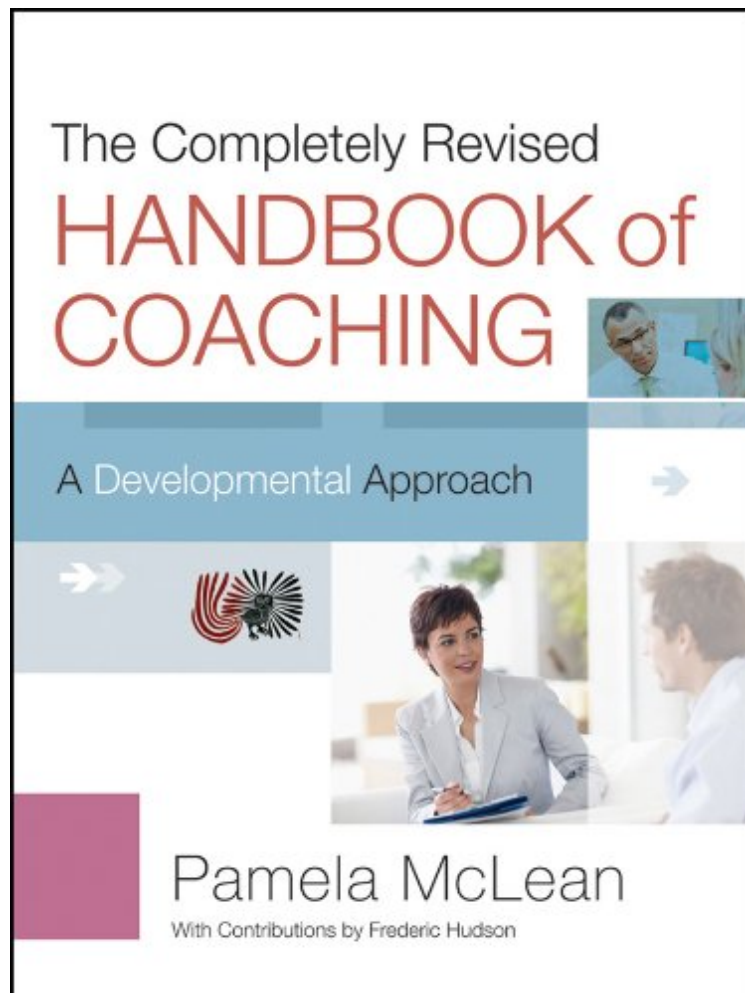


# The Completely Revised Handbook of Coaching: A Developmental Approach

*Pamela McLean*

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**Pamela McLean : The Completely Revised Handbook of Coaching: A Developmental Approach** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Completely Revised Handbook of Coaching: A Developmental Approach:

16 of 16 people found the following review helpful. More than an update--a reincarnationBy KTThis book is quickly becoming my go-to book on all things coaching. It is comprehensive, well-organized and well-written.McLean lays out the key concepts for coaching as well as key skills for coach development ("self as coach"). She also discusses key theories and concepts in topics including change, resistance and human development. The book also lays out the Hudson Institute coaching methodology for coaching engagements and provides a useful framework for any coach, Hudson trained or otherwise. This book is an excellent resource for newer coaches wanting a go-to guide, non coaches looking to bring a coaching perspective into their work and experienced coaches on their own road to mastery.15 of 15

people found the following review helpful. *The Completely Revised Handbook of Coaching: A Developmental Approach* By Janet B. Matts Pam McLean takes the original work of Fredrick Hudson in the early pioneering days of the Coaching field, and updated and revised all the aspects in this fast-growing and ever-changing field. There is a lot of great information and revised perspectives that gives insight and appreciation to the growth in the field and the ongoing challenges that allows us to support clients in our continuously changing world. Keeping that 'Development Approach' and the 'Self as Instrument' in the coaching process; this is a must-have book on all coaches shelves and a continual reminder of the complexity and the importance of this pivotal work as 'change agents.' 13 of 13 people found the following review helpful. *A Superb Addition to my Library* By Jack from Seattle This book is a superb addition to my library of coaching books. The original handbook was an excellent source for coaching topics and related research; however, the revised version incorporates some more novel coaching approaches. For example, such coaching experts as Richard Maurer, Doug Silsbee, and Mary Beth O'Neill and their contribution to the coaching profession - be it dealing client resistance, leveraging presence, or a signature presence with executives - are incorporated in this excellent tome. Knowing the history of coaching, the disciplines that coaching is based on, and more novel approaches are all weaved together in a book that should be on every coach's shelf.

Praise for *The Completely Revised HANDBOOK OF COACHING* "Pam McLean has written a jewel of a book. Its straightforward, easy-to-read style lays out an elegantly simple, effective, and agile coaching methodology. This will become a well-used ('dog-eared,' in the days before e-books) guidebook for both the new and the seasoned coach." mdash; MARY BETH O'NEILL, author, *Executive Coaching with Backbone and Heart* "A welcome and comprehensive update of the original Handbook, this theoretically grounded, yet highly practical book presents important integrative coaching models that deal with complex coaching issues in an easy-to-read way. This book will be of use to novices and experienced coaches alike." mdash; ANTHONY M. GRANT Ph.D., coauthor, *Evidence Based Coaching Handbook*; faculty, University of Sydney "I love this book. Pam McLean offers the most comprehensive and clear explanation of use of selfmdash;why it is important and where we need to focus our attentionmdash;that I have ever read. In addition, she describes the robust Hudson coaching methodology clearly with lots of examples and always links theory to practice." mdash; RICK MAURER, author, *Beyond the Wall of Resistance*; faculty, Gestalt Institute of Cleveland "The new Handbook of Coaching is intellectually satisfying and pragmatically rich, a tour-de-force grounded in a thorough exploration of adult development and coaching models. This major rework of Hudson's classic offers practitioners extensive guidance on coach methodology, the system dynamics of change, and the crucial use of self. Leadership coaches at any level will find this an invaluable resource." mdash; DOUG SILSBEE, author, *Presence-Based Coaching* "With an emphasis on thoroughly understanding one's self as a coach and supporting one's clients to understand themselves, as well as their contexts, Pam's book is very resourceful both practically and conceptually. Her very current real-life examples are insightful and useful." mdash; EDIE SEASHORE, M.A., author, *Triple Impact Coaching*

From the Inside Flap "Leading organizations and people to transform, one by one, is the work of the Hudson Institute. *The Completely Revised Handbook of Coaching* is a succinct articulation of the process, the approach, and the journey to transforming people and organizations at their core." mdash; from the Foreword by Greg Honey When it was published in 1999, *The Handbook of Coaching* was the first resource to offer a compendium of basic information about the then-burgeoning field of adult coachingmdash;the art of guiding individuals and organizations to function at their most effective and creative levels. Like the first edition, *The Completely Revised Handbook of Coaching* is based on the groundbreaking work of the Hudson Institute. This revised edition takes a holistic model of development and change in coachingmdash;one that encompasses and accounts for the context in which we live while acknowledging our individual journey in life. Written for experienced and aspiring coaches, as well as for executives and human resource professionals interested in this expansive profession, *The Completely Revised Handbook of Coaching* includes an overview of the essential elements required for the coaching journey and offers a thorough understanding of the key role of self as coach, a robust and agile coaching methodology, and a review of theories and concepts informing the essential pillars of masterful coaching. This comprehensive resource also gives a holistic understanding of the client's life through the lens of transitions, values, and human systems; a look at the development of a coaching culture inside today's organizations as well as the value of a coaching skill set for today's managers; and finally consideration of the role of supervision in a coach's development. *The Completely Revised Handbook of Coaching* is filled with illustrative examples of exemplary coaching and outlines ten proven strategies for becoming a masterful coach. About the Author PAMELA McLEAN, Ph.D., is the cofounder and CEO of Hudson Institute of Santa Barbara. She has thirty-five years of experience as a clinical and organizational psychologist and leader in the field of coaching.