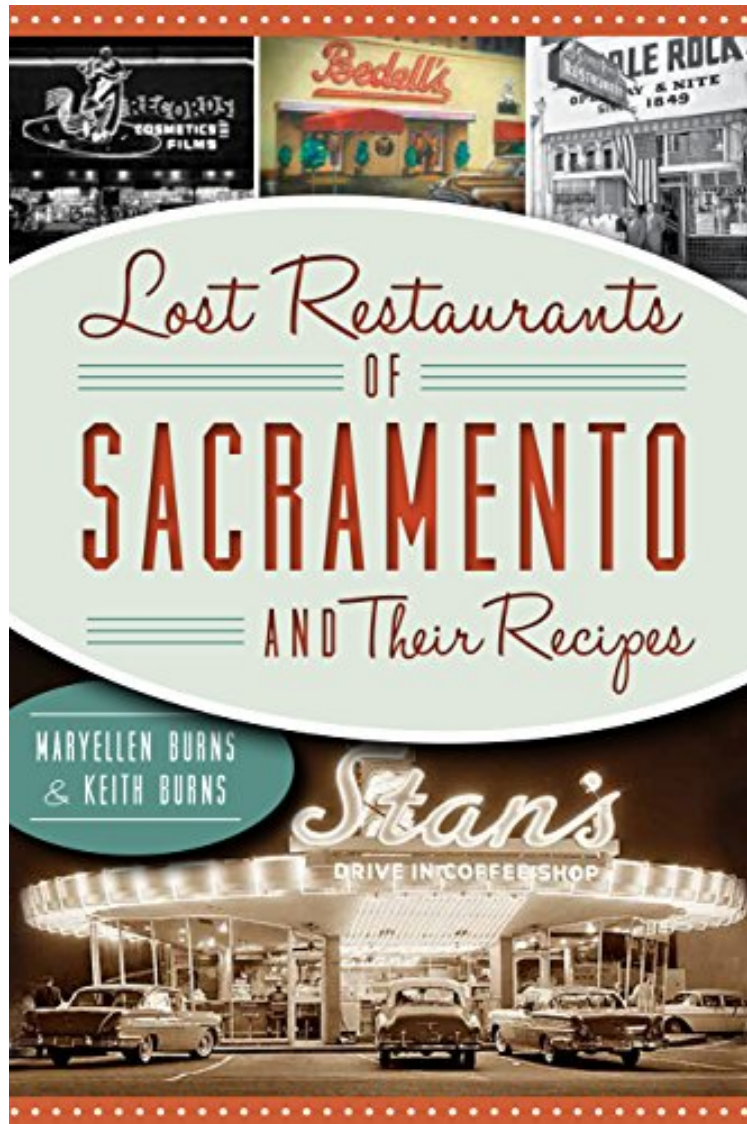


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Lost Restaurants of Sacramento and Their Recipes (American Palate)

Maryellen Burns, Keith Burns

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Maryellen Burns, Keith Burns : Lost Restaurants of Sacramento and Their Recipes (American Palate) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Lost Restaurants of Sacramento and Their Recipes (American Palate):

6 of 6 people found the following review helpful. Absolutely delightfulBy TahoeKayThis book is a loving tribute to the restaurants of Sacramento's past. Until fairly recently, it was fashionable to say that, in comparison to the Bay Area and North Coast, Sacramento did not have a restaurant scene. Those of us who were longtime residents knew better.

Restaurant cooking reflected the community's diverse population and was more agricultural than fancy, what's called today "farm to fork." These establishments were greatly enjoyed by those who patronized them. Many thanks to the Burns for this beautifully researched book. 3 of 3 people found the following review helpful. Was somewhat disappointed...By JHCM...had hoped for many more recipes, but the notes about some of the restaurants were wonderful. I'm living over 2,000 miles away from Sacramento, but a quick review of the book took me back--if only for a few minutes. Especially memorable was the reference to Aldo's--the epitome of class and elegance--and how everything that the owner, Aldo, did was perfectly exquisite. His wife was my real-estate agent who once gave me a gift certificate to his restaurant...I saved it for a special occasion and enjoyed it with my intended...who has been my husband for 24 years :). 3 of 3 people found the following review helpful. A trip to memory lane. By robreader I grew up in Sacramento and dined at many of the restaurants mentioned in this book. My nieces who are interested in their mother's past and mine, loved this book so much that I had to order 2 more copies. Now I will need to order one more so that I can keep a copy also. I remember going to different places with my family and special occasions like my sister's 16th birthday at the Del Prado and my 16th at the Coral Reef. The recipes are an added bonus.

From saloons and tamale vendors to greasy spoons and neon-lit drive-ins, Sacramento natives Maryellen Burns and Keith Burns trace the trends of California's capital city through 150 years of dining out. Share in the delicious anecdotes and recipes gathered from restaurant owners, employees and patrons as they recall Sacramento's favorite places to eat--a century of Hangtown Fry served at the Saddle Rock, crispy won ton dunked in red sauce at the Hong Kong Cafe, pineapple spare ribs with Mai Tais at Maleville's Coral Reef and burgers and sundaes devoured at Stan's Drive-In. Savor these stories of the ambiance, the service and the grub that created lasting memories and drew crowds, decade after decade, to Sacramento's iconic restaurants.

About the Author Maryellen Burns is the Project Director of We Are Where We Eat, a Sacramento foodways alliance that chronicles Sacramento's food stories. A writer, editor, teacher and former caterer, she serves on the boards of the Sacramento County Historical Society and I Street Press and is a member of numerous associations. Keith Burns is an author, publisher, film and television writer, director and producer, as well as an antiques, popular culture and entertainment industry consultant and appraiser. His bookstore (Books on Main) and site for ephemera (Burns Bizarre) feature more than one million historic books, artifacts and ephemera. Bob Miller is an illustrator, designer and advertising director. He has exhibited widely in galleries and art fairs, and his murals and whimsical drawings grace the promenade connecting Old Sacramento to the K Street Mall River Walk on the east side of the Sacramento River.