

(Read free) Food Confidential: The Corporate Takeover of Food Security and the Family Farm and What to Do About It

# Food Confidential: The Corporate Takeover of Food Security and the Family Farm and What to Do About It

Nicole Faires

ebooks | Download PDF | \*ePub | DOC | audiobook

THE **CORPORATE TAKEOVER** OF  
FOOD SECURITY AND THE FAMILY  
FARM—AND WHAT TO DO ABOUT IT



DOWNLOAD



READ ONLINE

#550956 in eBooks 2015-07-14 2015-07-14 File Name: B0106P6ZSO | File size: 71.Mb

**Nicole Faires : Food Confidential: The Corporate Takeover of Food Security and the Family Farm and What to Do About It** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Food Confidential: The Corporate Takeover of Food Security and the Family Farm and What to Do About It:

9 of 9 people found the following review helpful. Do you care what you throw in your children's tummies? By Patricia L. Faustini I gave this important book five stars because Faires tells it like it is; what has happened to our food, what

currently is going on with food production, and the state of things to come. "Food Tyrants," while not a fluffy summer read, is quite read-able and engaging. The author has done her research but still manages to make a serious issue quite compelling. Fans of Monsanto may not get a kick out of it, but everyone who cares about health and nutrition certainly will. It's a must read, especially for parents. Oh... Plan on growing your own food when you've finished the book. 0 of 0 people found the following review helpful. Corporate takeover of our food By M. Love This book was a most informative read. I learned a lot I did not know about the monopolistic corporations that now control food production globally. At the very least, our food should be labeled if it contains GMO crops. This book is worth a read for anyone that is concerned, or does not know, how our food is now being produced Not a wonder that many countries have forbidden GMO containing foods. If you think our FDA is working in our best interest, you better take a closer look. 0 of 0 people found the following review helpful. Five Stars By Karen A. Great Book!

Fight the power and protect your family from the corporate interests that control our food chain. When author and homesteader Nicole Faires decided to retrofit an old school bus and tour America's small farms with her husband and two small children, she expected to learn a lot, be inspired, and have some fun. But what she found disturbed her. Mismanaged small farms; clueless urbanites setting up shop to get back to the land; a mindless devotion to organic farming; and, ultimately, the discovery of just how dependent we are on corporations for our food. She began to understand how dangerous and fragile our food system really is. Climate change. Farmers retiring or going out of business. Corporations controlling our food distribution system while being protected from the consequences when they endanger our health. Skyrocketing food prices. Outsourced food production. With this admittedly bleak assessment of the current state of affairs, Nicole and her family decided to abandon the bus trip and instead start a farm. I couldn't tell people the solutions to our food crisis while I was traipsing around America taking photos. I had to live it," Nicole says. And so the seeds for Food Confidential were sown. Our basic right to healthy food is at risk. What can we do? Written in an astute, engaging style, armed with examples from her own homesteading lifestyle, small farmer Nicole Faires' Food Confidential gives you the tools to fight the intangible battles, as well as the practical ones.

"Having walked the talk for the better part of her life, [Nicole's] no neophyte to the nitty-gritty business of building a solar oven, tending sick calves, or making your own soap." (Sierra Club) About the Author Nicole Faires is an adventurer, self-proclaimed eccentric, wife, and mother of three girls. She grew up in a semi-nomadic homeschooling family and spent her early years in rural Montana on a hobby farm where she raised chickens, grew her own food, learned to crochet, read out-of-print books by Masanobu Fukuoka, and dreamed of the Amish. She is the author of The Ultimate Guide to Homesteading and The Ultimate Guide to Permaculture and continues to seek new adventures and local food with her family in beautiful British Columbia. Follow her on Twitter @NicoleFaires or visit her at [www.NicoleFaires.com](http://www.NicoleFaires.com).