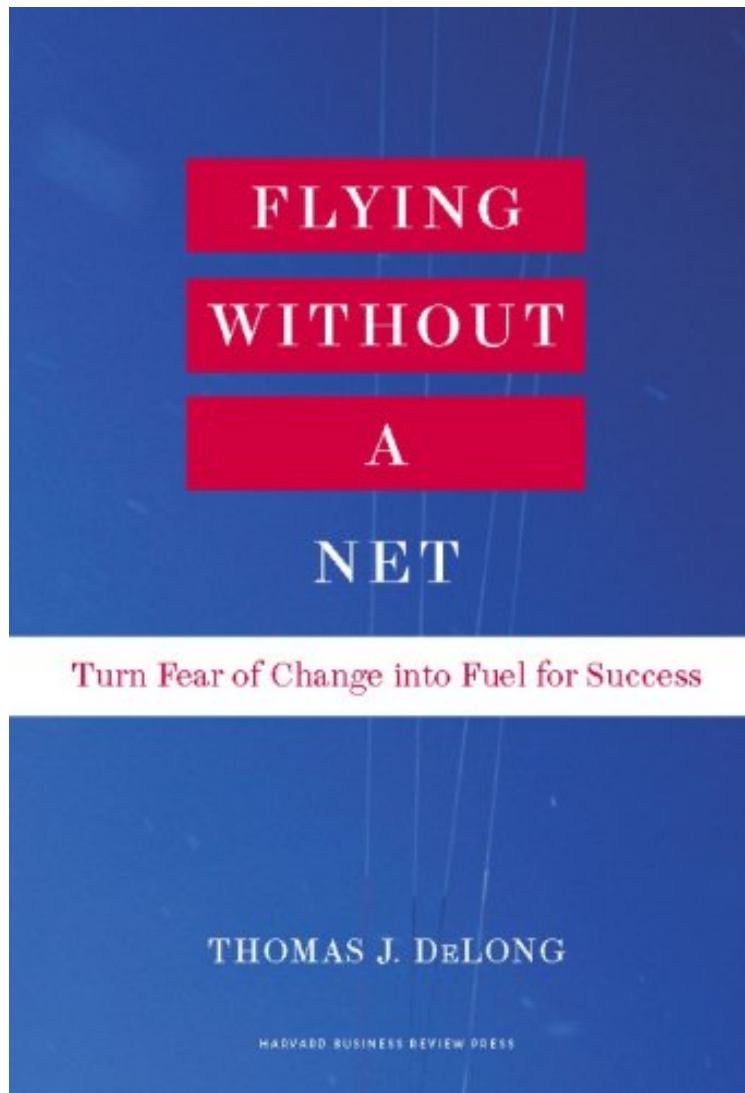


(Library ebook) Flying Without a Net: Turn Fear of Change into Fuel for Success

Flying Without a Net: Turn Fear of Change into Fuel for Success

Thomas J. DeLong

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#489659 in eBooks 2011-06-14 2011-06-14 File Name: B004XVMDSY | File size: 33.Mb

Thomas J. DeLong : Flying Without a Net: Turn Fear of Change into Fuel for Success before purchasing it in order to gage whether or not it would be worth my time, and all praised Flying Without a Net: Turn Fear of Change into Fuel for Success:

0 of 0 people found the following review helpful. Very good readBy Dylan fanI'd recommend this book to any and all managers and execs who worry so much about who they are and where there career is going.1 of 1 people found the following review helpful. Want to Do Something New? Jump In!By jim SchroerTom's main theme: Be willing to restart imperfectly, or you will never restart -- is a terrific lesson.0 of 0 people found the following review helpful. The book flows well. Straightforward and to the point ...By CustomerThe book flows well. Straightforward and to the point.

Named one of 100 Leadership Success Books to Read in a Lifetime by Amazon Editors
Confronted by omnipresent threats of job loss and change, even the brightest among us are anxious. In response, we're hunkering down, blocking ourselves from new challenges. This response hurts us and our organizations, but we fear making ourselves even more vulnerable by committing mistakes while learning something new. In *Flying Without a Net*, Thomas DeLong explains how to draw strength from vulnerability. First, understand the forces that escalate anxiety in high achievers and the unproductive behaviors you turn to for relief. Then adopt practices that give you the courage to "do the right things poorly" before "doing the right things well." Drawing on his extensive research and consulting work, DeLong lays out:
- Roots of high achievers' anxiety: fear of being wrong and lack of a sense of purpose, and a craving for human connection
- Destructive behaviors we adopt to relieve our anxiety: busyness, comparing ourselves to others, and blaming others for our frustrations
- Behaviors we must adopt to gain strength from vulnerability: putting the past behind us and seeking honest feedback
Packed with practical advice and inspiring stories, *Flying Without a Net* is an invaluable resource for all leaders seeking to thrive in this Age of Anxiety.

Summing Up: Recommended
"CHOICE If you have these types of personalities in your organization, or are one yourself, DeLong's book will be enormously helpful." HR Professional magazine
As part leadership training and part psychology text, *Flying Without a Net* takes on the often-overlooked soft side of the leadership vortex, and DeLong's timing could not be better.
"Korn Ferry Briefings The jargon-free book delivers a helpful read that will give you a sophisticated means to accomplish your tasks with grace and aplomb." Read *Flying Without a Net* to reassess your ambitions, restore your sensibilities and inspire you to do more than just checking tasks off a list.
"Small Business Trends (smallbiztrends.com) For those who like a little psychoanalysis with their summer reading, this is the perfect book." Atlanta Journal-Constitution
"Harvard Business School professor Thomas J. DeLong's *Flying Without a Net* is a must-read." - Infosys Finacle Connect