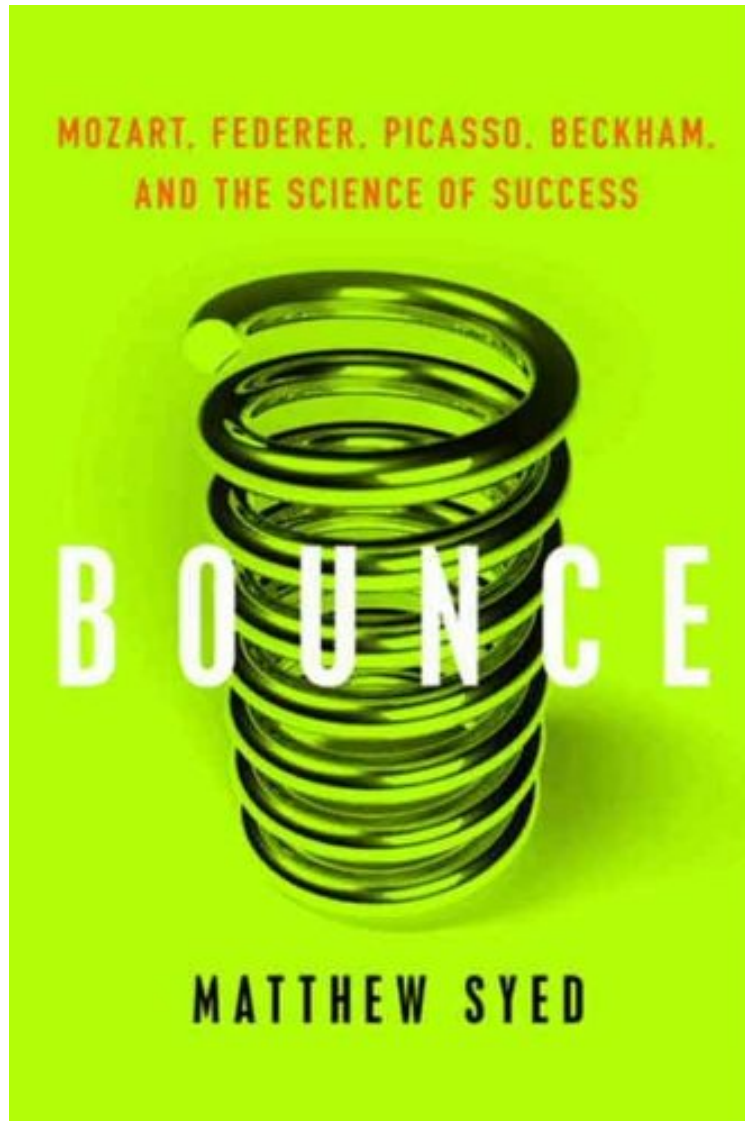


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Bounce: Mozart, Federer, Picasso, Beckham, and the Science of Success

Matthew Syed

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Matthew Syed : Bounce: Mozart, Federer, Picasso, Beckham, and the Science of Success before purchasing it in order to gage whether or not it would be worth my time, and all praised Bounce: Mozart, Federer, Picasso, Beckham, and the Science of Success:

6 of 6 people found the following review helpful. More useful than OutliersBy TMAIt's hard to resist comparing this book to Malcolm Gladwell's The Outliers. In The Outliers Gladwell helped spread the fame of the work of Anders Ericsson, FSU expert on how people acquire expert intelligence. Indeed, the phrase "10,000 hours" is now so

ubiquitous it has become a cliché, although people often forget that it refers not just to practice but to **STRUCTURED** practice. While *The Outliers* excels in its writing and infotainment value, *Bounce* seems more instructive. It's hard to finish *Bounce* and not feel like there is a lot more you could do if you just applied yourself. Syed mixes personal experience, anecdotes of others, and empirical data to hammer home the point that living with a "growth" mindset is richly rewarding. Syed does an excellent job of explaining how some people continue to reach new thresholds in their pursuits while many others plateau early. I often give this book as a gift to nieces, nephews, and friends' children who are entering college, telling them I wish I could have read (and believed) this book when I was their age. 12 of 12 people found the following review helpful. one of the most important books I've read By Just Me I read a lot, a lot, and this is one of the most significant books I have read. Anyone striving for high performance, in any field, as well as anyone raising or teaching children should read this book. I've been very interested in reading one of the books which are based, at least to a degree, on the work of Anders Ericsson and purposeful practise being more important than talent you are born with. Reviews of the other books, such as *Talent Is Overrated* by Geoff Colvin, *The Talent Code* by Daniel Coyle, and *Outliers* by Malcolm Gladwell have put me off. Each book seems to take a somewhat different view of the importance of various aspects that have been shown to lead to superior performance -- purposeful practice and opportunity (such as having a good coach available) being the primary aspects. *Bounce* also delves deep into the psychology of people who persist enough to become superior performers. There are many psychological points, which anyone can develop, which lead to someone bouncing back from difficulty and doing well. With practise being so important to superior performance, you must have persistence or you won't get in the practice. Highly recommended. I've already given it as a gift and will be giving out more. 1 of 1 people found the following review helpful. Encouragement for aspiring musicians of any age By The Sideman The talent myth pervades our thinking in various forms, e.g., musicians, leaders, etc. are "born--not made." While one should acknowledge the existence of those rare individuals will seemingly superhuman aptitudes, according to the author, most "experts" in whatever field reach the pinnacle through a combination of factors--factors within the reach of mere mortals! This is good news and awfully encouraging to anyone willing to obtain the proper tutelage and engage in "purposeful practice" over the long haul. This book lit a fire under me to develop a plan and "do the time" in purposeful practice in order to master the guitar. Woodshed, here I come!

In the vein of the international bestselling *Freakonomics*, award-winning journalist Matthew Syed reveals the hidden clues to success--in sports, business, school, and just about anything else that you'd want to be great at. Fans of *Predictably Irrational* and Malcolm Gladwell's *The Tipping Point* will find many interesting and helpful insights in *Bounce*.